

September 2026: Weekly Activities



For aquatic schedules
scan the QR code or visit
[Reno.Gov/ParksandRec](https://reno.gov/ParksandRec)

Facilities

Adaptive Cycling Center (Seasonal)

6800 Pembroke Dr.
775-333-7765

Evelyn Mount Northeast Community Center (EMNECC)

1301 Valley Rd.
775-334-2262

McKinley Arts and Culture Center (MACC)

925 Riverside Dr.
775-334-2417

Moana Springs Community Aquatics & Fitness Center

240 Moana Ln.
775-393-1070

Neil Road Recreation Center (NRRC)

3925 Neil Rd.
775-689-8484

Northwest Pool

2925 Apollo Wy.
775-334-2203

Plumas Gym

475 Monroe St.
775-334-2262

Teglia's Paradise Park Activity Center (TPPAC)

2745 Elementary Dr.
775-356-3176



Activity	Age	Location, Day(s) & Time(s)	Activity	Age	Location, Day(s) & Time(s)
Badminton	18+	NRRC: Mon., Wed. & Thurs. 6-9pm	Pickleball <i>Beginner/Drop-in</i>	14+	NRRC: Tue. & Thurs. 3:30-5:30pm
Ballet/Jazz	6-12	EMNECC: Mon. 4-5pm			NRRC: Mon. 3:30-5:30pm Tue. 11:15am--3:15pm Wed. 9:15-1:30pm Thurs. 1:15-3:15pm Fri. 9:15-1:30pm
Basketball <i>Open Gym</i>	14+	NRRC: Wed. & Fri. 3:30-5:30 EMNECC: Fri 3-8:30pm (Call for additional times)	Pickleball <i>Open Gym</i>	14+	EMNECC: Mon, Wed, Fri 9am-12pm Plumas Gym: Mon. & Wed. 9-11am Tue. & Thurs. 9am-12pm
Beanbag Baseball	18+	EMNECC: Mon. & Fri. 10:30am-12:30pm Wed. 12pm-2:30pm			
Belly Dance <i>Beginner & Beyond</i>	13+	EMNECC: Tue. 6:30-7:30pm	Pickleball <i>Learn to Play Pickleball Strategy Clinic</i>	14+	EMNECC: Wed., Sept. 16 2-5pm (<i>must pre-register</i>) NRRC: Fri., Sept. 11 6-8pm (<i>must pre-register</i>)
Belly Dance <i>Intermediate/Advanced</i>	13+	EMNECC: Thurs. 6:30-7:30pm	Quilting	18+	TPPAC: Mon., Sept. 14 1-3:30pm
BINGO	18+	TPPAC: Mon., Sept. 21 1-2:30pm	Senior Line Dancing Classes	60+	EMNECC: Mon. 1:30-3pm & Wed. 1:30-2:30pm
Bridge	18+	NRRC: Tue. 12pm-2:30pm	Sunday Dance	60+	NRRC: 1 st & 3 rd Sunday 2-5pm
Bunco	18+	EMNECC: Thurs. 12pm-3pm	Shanghai	18+	EMNECC: Tue. 12:30-4pm
Ceramics	12+	MACC: Wed. 9:30am-12:30pm	Shuffleboard	18+	TPPAC: Fri. 2pm
Chair Volleyball	18+	TPPAC: Mon., Sept. 21 1-2:30pm			EMNECC: Mon.-Fri. 9-10am NRRC: Mon. 9-10am TPPAC: Mon., Wed. & Fri. 9-10am
Chair Yoga	18+	EMNECC: Mon., Wed., & Fri. 10-11am NRRC: Thurs. 9-10am TPPAC: Tue. 11am-12pm	Sit and Fit	18+	
Creative Ballet	2-6	EMNECC: Mon. 5-6pm	Sled Hockey	18+	Reno Ice - 15500 Wedge Pkwy: Fri. 4:15-5:15pm
Cribbage	18+	NRRC: Wed. 1-4pm	Strong Nation	18+	EMNECC: Sun. 10-11am
Fit but Not Forgotten	18+	EMNECC: Wed., 5:30-6:30pm Thurs. 12-1pm Fri. 10-11am Moana Springs: Wed. 5:30-6:30pm	Table Tennis	18+	NRRC: Mon., Wed. & Thurs. 6-9pm
Gentle Yoga	18+	EMNECC: Tue. 6-7pm, Tues & Thurs 10:30-11:30am NRRC: Mon., Wed. & Fri. 2-3pm Plumas Gym: Tue. & Thurs. 1-2pm	Tai Chi	18+	EMNECC: Mon. & Wed. 8:30-9:30am EMNECC: Tue. 9-10am Moana Springs: Mon. & Wed. 10-11:30am NRRC: Tue. & Thurs. 10-11am Plumas Gym: Mon. 11:30am-12:30pm
Hand, Knee, and Foot	18+	TPPAC: Thurs. 9:30am-12pm	Trauma Sensitive Yoga	18+	EMNECC: Tues. 11am-12pm
Karate: Shotokan	7-10	EMNECC: Tue., Thurs. & Fri. 4-5pm	Volleyball League	18+	EMNECC: Tue. & Wed. 6:30-10pm Plumas Gym: Mon., Tue., Wed. 6:30-10pm Sun. 9am-6pm
Karate: Shotokan	10+	EMNECC: Tue., Thurs. & Fri. 4-6pm	Wheelchair Basketball	18+	EMNECC: Sat. 10am-12pm
Learn to Play Chinese Mahjong	18+	NRRC: Every Wed. 2-4pm	Wheelchair Rugby	18+	EMNECC: Thurs. 2-5pm
Open Play Chinese Mahjong	18+	NRRC: Every Wed. 4-6pm	Wheelchair Skills and Drills	18+	EMNECC: Sat. 1-4pm
Minnesota	18+	NRRC: Fri. 1-4pm EMNECC: Tue. 12:30pm	Zumba	18+	EMNECC: Mon. & Wed. 6-7pm NRRC: Thurs. 11am-12pm
Movie Flix	18+	TPPAC: Mon., Sept. 28 1:30pm	Zumba Gold	18+	EMNECC: Wed. 10:30-11:30am
Pinochle	18+	NRRC: Fri. 1-4pm			